

# BELMAR

NORMAN, OK

## Starters

### Chicken Wings

Crispy wings served with your choice of sauce. Garlic parmesan, Nashville hot, cajun, lemon pepper, buffalo, BBQ, sweet Thai chili, spicy bourbon, Caribbean jerk, curry and teriyaki.

6 wings - 12 | 12 wings - 24

### Southwest Eggrolls 9.5

3 chicken southwest eggrolls with spicy ranch

### Buffalo Cauliflower Bites <sup>NEW</sup> 15

Brined, battered and fried bites tossed in spicy buffalo sauce. Served with ranch and celery sticks

### Pretzel Bites 15

Buttery pretzel bites served with beer cheese dipping sauce

### Mozzarella Sticks <sup>NEW</sup> 9

8 breaded mozzarella sticks, fried golden brown and served with marinara sauce

### Street Corn Dip <sup>NEW</sup> 8

Elote style dip made of roasted corn, jalapeno, red onions, bell peppers, cilantro, sour cream, feta, cream cheese, mayo and lime juice. Served with pita chips

### Nachos 12

Fresh tortilla chips, melted cheddar jack topped with sour cream, fresh pico, pickled jalapenos and queso

Add steak - 12, Add shrimp - 6, Add chicken - 6

### Spinach Dip 10

Served with pita bread and tortilla chips

### Double Bogey Basket <sup>NEW</sup> 17

Your choice of french fries or tator, tots topped with beer cheese, bacon bits, green onions and diced tomatoes. Served with sour cream

### Fried Pickles Chips 9

Crispy fried pickle rounds served with our house spicy ranch.

### Spicy Tots 10

Homemade potato croquettes stuffed with bacon, smoked gouda and jalapeno. Served with spicy ranch

### House Queso 9

Spicy queso dip. Served with tortilla chips and salsa  
Add sausage - 3

## Salads

### Strawberry Chicken Salad 16

Mixed greens, toasted pecans, toasted coconut, sliced strawberries and herb grilled chicken.  
Served with lime poppy seed dressing

### Spinach Feta Walnut Salad <sup>NEW</sup> 17

Fresh spinach, feta, walnut and grilled steak. Served with balsamic vinaigrette

### Asian Chicken Salad <sup>NEW</sup> 16

Ginger grilled chicken tossed with napa cabbage, green onions, bean sprouts, mandarin oranges, sliced almonds and sweet sesame soy dressing. Topped with fried wonton strips

### Belmar House 11

Mixed greens, shredded cheddar, cucumbers, tomato, chopped bacon, boiled egg and croutons.  
With choice of dressing

Add chicken - 6 | Add steak - 12 | Add shrimp - 6 | Add salmon - 10

### Caesar 12

Chopped romaine tossed in our house Caesar dressing, croutons, parmesan and boiled egg.  
Add chicken - 6, | Add steak - 12 | Add shrimp - 6 | Add salmon - 10

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# Burgers

## Burgers are served with your choice of side

### **Oklahoma Onion Burger 14**

House burger patty smashed into thinly sliced onions, American cheese, yellow mustard, and dill pickles on a toasted bun

### **Belmar Classic 14**

House burger patty served with lettuce, tomato, onion, pickles and American cheese on a toasted bun

### **Mushroom & Swiss Burger <sup>NEW</sup> 14**

House burger patty topped with sauteed mushrooms and swiss cheese.  
Served on a toasted bun with dijon mustard, garlic aioli and lettuce

### **Smokehouse Burger 15**

House burger patty topped with smoked sausage, crispy onion straws, smoked cheddar, BBQ sauce and pickles on a toasted bun.

### **Veggie Burger <sup>VG</sup> 12**

Black bean chipotle burger, lettuce, tomato, onion and pickles on a toasted bun



# Handhelds

## Sandwiches and wraps are served with your choice of side

### **Philly Cheesesteak 18**

Sauteed sirloin topped with sauteed peppers, onions and American cheese. Served on a soft hoagie bun

### **Chicken Gyros <sup>NEW</sup> 15**

Grilled chicken in two toasted pitas with lettuce, tomatoes, onions, feta and tzatziki sauce

### **Chicken Fresco Wrap <sup>NEW</sup> 12**

Diced grilled chicken, fresh pineapple salsa, alfalfa sprouts, wrapped in a flour tortilla

### **Strip Steak Sandwich 20**

6oz NY strip steak grilled to order and served on a hoagie with sauteed onions, bleu cheese, spinach, sliced tomatoes and roasted garlic aioli on a hoagie bun

### **French Dip 17**

Thinly sliced sirloin and melted Swiss cheese. Served on a soft hoagie bun with a side of au jus

### **BBQ Chicken Wrap <sup>NEW</sup> 15**

Crispy chicken with bacon, BBQ sauce and shredded cheddar jack cheese in a flour tortilla

### **Chicken Fried Steak Sandwich <sup>NEW</sup> 18**

House made chicken fried steak served on a toasted bun with mayo, lettuce and tomatoes

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# Club Favorites

## **Chicken Ranch Wrap 15**

Grilled or crispy chicken, lettuce, tomato, cheddar cheese and ranch wrapped in a flour tortilla.  
Served with choice of side

## **Stelen's Flatbread Sandwich 15**

Grilled chicken, avocado, provolone, honey mustard and bacon served on pita. Served with choice of side

## **Burrito Bowl**

Bed of white rice, borracho beans, grilled corn, fajita peppers and onions, pepper jack cheese, salsa and queso.  
Add steak 18 | Add chicken 15 | Add shrimp 15

## **Chicken Tenders 12**

5 hand breaded tenders. Served with choice of side

## **Comfort Bowl 14**

3 chicken tenders on a bed of mashed potatoes with corn, peppered gravy and cheddar jack cheese

## **Fajita Quesadilla 9**

Flour tortilla stuffed with melted cheddar jack cheese, fajita peppers and onions. Served with sour cream and salsa.  
Add steak - 12 | Add chicken - 6 | Add shrimp - 6

## **Chicken Salad Sandwich 13**

Spicy chicken salad, lettuce and tomato on wheat toast. Served with choice of side

## **Toby's Fried Bologna Sandwich 10**

Thick cut of bologna on toasted white bread with American cheese. Served with choice of side

## **Jr. Club Sandwich 14**

Ham, turkey, bacon, cheddar, swiss, lettuce, tomato and mayonnaise on two slices of wheat toast. Served with your choice of side

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# Entrees

All entrees are served with choice of house or Caesar salad

**Fried Rice** <sup>NEW</sup> 18

Jasmine rice with teriyaki seasoning, napa cabbage, julienned carrots, onions, celery and egg.  
Grilled with your choice of steak, chicken, or shrimp. Garnished with green onions

**Chicken Marsala** <sup>NEW</sup> 16

Grilled chicken breast with mushroom sauce. Served with jasmine rice and broccoli

**Lo Mein** <sup>NEW</sup> 16

Flat noodles sauteed with napa cabbage, julienned carrots, bell peppers, broccoli, tossed in teriyaki sauce.  
Served with your choice of chicken, steak or shrimp. Garnished with green onions

**Build your own pasta.** <sup>NEW</sup> 15

Meat - chicken, ground beef, shrimp or pepperoni  
Pasta - spaghetti or fettuccini  
Sauce - marinara or alfredo

**Hawaiian Salmon** <sup>NEW</sup> 18

Herb seared salmon filet topped with pineapple salsa. Served with jasmine rice and asparagus.

**Okie Dinner** <sup>NEW</sup> 25

House made chicken fried steak, served with mashed potatoes, white gravy and corn.

**Pork Chop** <sup>NEW</sup> 16

Seasoned 6oz pork chop topped with jalapeno relish, served with jasmine rice and asparagus

**Cajun Pasta** 10

Penne pasta tossed with bell peppers, onions, garlic, andouille, in a cajun cream sauce.  
Add chicken 6 | Add steak 12 | Add shrimp 6 | Add salmon 11



# Sides

<b>Fries</b>	<b>Mac N' Cheese</b>	<b>Curly Fries</b>
<b>Onion Rings</b>	<b>Tater Tots</b>	<b>Jasmine Rice</b>
<b>Sweet Potato Fries</b>	<b>Fruit</b>	<b>Broccoli</b>
<b>Mashed Potatos</b>	<b>Sautéed Mixed</b>	<b>Asparagus</b>
<b>House made Chips</b>	<b>Vegetables</b>	

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# Fast and Fresh

## Hot Dog or Hot Link 6

Served with a bag of chips

## Ham and Cheddar or Turkey and Swiss 8

Lettuce, tomato, white or wheat bread. Served with a bag of chips

## Breakfast Burrito 5

Choice of bacon, sausage or ham, scrambled eggs and cheddar cheese in a flour tortilla

## Breakfast Sandwich 5

choice of bacon, sausage or ham, eggs any style and American cheese, on white, wheat, or jumbo biscuit

## Spicy Chicken Salad in a Cup 7

Topped with avocado, served with a bag of chips

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## Pizza

### Build Your Own Pie 13

Meats - sausage, pepperoni, ham, bacon, ground beef, chicken, salami, anchovies - \$2 each  
Veggies - bell peppers, onions, black olives, green olives, jalapenos, mushrooms, pineapples, spinach, tomatoes, banana peppers - \$1 each

### Meat Lover's Flatbread <sup>NEW</sup> 14

Ham, pepperoni, bacon and sausage

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## Kid's Menu

All kid items come with a choice of side

### Grilled Cheese 8

American cheese on white toast

### Chicken Tenders 8

3 hand breaded chicken tenders

### Mac N' Cheese 8

Jumbo macaroni in a creamy cheese sauce

### Kids Quesadilla 8

Flour tortilla stuffed with melted cheese. Served with chips and salsa

### Kids Hamburger 8

3oz burger patty with American cheese on toasted bun

### Corndog 8

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## Desserts

### Jumbo Cookie

Baked fresh daily

### Cake Slice

Ask your server for the daily specials

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## Beverages

### Soda or Iced Tea 16 OZ 32 OZ

Juice - Orange, Cranberry, Pineapple  
Hot Beverage - Coffee, Hot Chocolate, or Hot Tea  
Milk - White or Chocolate

### Redbull

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# Breakfast

## **Biscuit Mountain 13**

2 jumbo split biscuits, 2 eggs any way, chopped bacon, crumbled sausage, hashbrowns and shredded cheddar. Topped with pepper gravy

## **Steak and Egg Tacos 16**

Grilled steak, scrambled eggs and pepper jack cheese. Served with hashbrowns and house salsa.

## **The Classic 12**

2 eggs any style, hashbrowns, choice of bacon sausage or ham.  
Choice of toast - white or wheat  
Sub a jumbo biscuit - 1

## **French Toast 10**

2 pieces of country white bread dipped in our house French toast batter. Served with a side of fruit

## **Pancake Breakfast 12**

2 jumbo pancakes, 2 eggs any style and choice of bacon, sausage or ham

## **Kids Breakfast 8**

1 pancake, 1 egg any style and fruit

## **Build Your Own Omelet 11**

Meats - ham, bacon, sausage -\$1 each  
Veggies - bell peppers, mushrooms, onions, tomato, spinach, black olives, banana peppers, jalapenos - \$.50 each  
Served with hashbrowns, and your choice of white or wheat  
Sub a jumbo biscuit - 1

## **Avocado Toast 13**

2 pieces of buttery wheat toast topped with sliced avocado, two eggs anyway, alfalfa sprouts, pico de gallo, queso fresco and chili lime sour cream

## A La Carte

**One Pancake 3**

**Four Bacon Slices 5**

**One Egg 3**

**Jumbo Biscuit 3**

**Two Sausage Patties 3**

**Fruit 3**

**Cup of Gravy 2**

**Hashbrowns 3**

**Toast 2**

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